

2008 Beaufort County Senior Games  
Track

Men 1600M Race Walk

**Men**

<u>Age</u>	<u>Medal</u>	<u>Name</u>	<u>Time</u>
60-64	Gold	Larry Solomone	11:35.09
	Silver	Lennard Wolfson	12:11.17
65-69	Gold	Lawrence Krone	11:58.37
70-74	Gold	W.E. Kelley	12:02.28
75-79	Gold	Guenther Mertens	14:19.49

Women 1600M Race Walk

**Women**

<u>Age</u>	<u>Medal</u>	<u>Name</u>	<u>Time</u>
55-59	Gold	Sharon Jones	11:48.65
	Silver	Deborah Triger	12:44.19
60-64	Gold	Maggie Lipchak	12:55.36
65-69	Gold	Lib Sanders	13:46.25
	Silver	Barb Fagan	13:50.66

50M Dash

**Women**

<u>Age</u>	<u>Medal</u>	<u>Name</u>	<u>Time</u>
55-59	Gold	Deborah Triger	13:16
60-64	Gold	Denise Lynch	10:09

**Men**

<u>Age</u>	<u>Medal</u>	<u>Name</u>	<u>Time</u>
50-54	Gold	Rick Biethman	8:81
60-64	Gold	Robert Heise	7:59
	Silver	Lawrence Jackson	8:32
65-69	Gold	Brian Cosacchi	8:88
	Silver	Dennis Siedler	9:09
	Bronze	Allen Smith	9:10
80-84	Gold	Norman Wall	11:31

Men 100M Dash**Men**

<u>Age</u>	<u>Medal</u>	<u>Name</u>	<u>Time</u>
60-64	Gold	Robert A. Heise	14:43
	Silver	Lawrence Jackson	16:63
	Bronze	John Lynch	18:41
65-69	Gold	Brian Cosacchi	16:87
	Silver	Dennis Siedler	17:41
	Bronze	Alan Smith	18:09
80-84	Gold	Norman Wall	24:00
	Silver	Bob Hagman	34:57

Woman 100M Dash**Women**

<u>Age</u>	<u>Medal</u>	<u>Name</u>	<u>Time</u>
55-59	Gold	Bonnie Sotire	19:31
60-64	Gold	Denise Lynch	20:56

Men 200M Dash

**Men**

<u>Age</u>	<u>Medal</u>	<u>Name</u>	<u>Time</u>
60-64	Gold	John Lynch	35:62
	Silver	Lawrence Jackson	37:47
65-69	Gold	Brian Cosacchi	34:75
	Silver	Dennis Siedler	38:00
	Bronze	Lawrence Krone	40:75
80-84	Gold	Norman Wall	1:08.00
	Silver	Bob Hagman	1:24.09

Woman 200M Dash

**Women**

<u>Age</u>	<u>Medal</u>	<u>Name</u>	<u>Time</u>
55-59	Gold	Bonnie Sotire	41:25
	Silver	Sharon Jones	48:69
60-64	Gold	Denise Lynch	47:25
65-69	Gold	Mary Ann Gnage	50:94

Men 400M Run

**Men**

<u>Age</u>	<u>Medal</u>	<u>Name</u>	<u>Time</u>
60-64	Gold	John Lynch	1:35.58
	Silver	Lennard Wolfson	1:40.96
65-69	Gold	Alan Smith	1:38.83
	Silver	Mohamed Shabana	1:56.38
	Bronze	Dennis Siedler	1:59.24

Women 400M Run

**Women**

<u>Age</u>	<u>Medal</u>	<u>Name</u>	<u>Time</u>
55-59	Gold	Bonnie Sotire	1:29.95
65-69	Gold	Mary Ann Gnage	2:09.73
70-74	Gold	Jean Bongiorno	1:45.43

Men 800M Run

**Men**

<u>Age</u>	<u>Medal</u>	<u>Name</u>	<u>Time</u>
60-64	Gold	John Lynch	5:19.28
65-69	Gold	Lawrence Krone	3:36.62
	Silver	Edward Gear	4:29.20
	Bronze	Moham Shabana	5:18.96
70-74	Gold	William Kelley	4:47.35

Woman 800M Run

**Women**

<u>Age</u>	<u>Medal</u>	<u>Name</u>	<u>Time</u>
55-59	Gold	Bonnie Sotire	3:25.97
70-74	Gold	Jean Bongiorno	4:04.55

Men 1600M Run

**Men**

<u>Age</u>	<u>Medal</u>	<u>Name</u>	<u>Time</u>
50-54	Gold	Bob Meighan	5:39.11
60-64	Gold	Lennard Wolfson	8:30.88
	Silver	John Lynch	8:33.45
65-69	Gold	Edward Gear	9:24.79
	Silver	Mohamed Shabana	13:34.04
70-74	Gold	William Kelley	10:08.62

Women 1600M Run

**Women**

<u>Age</u>	<u>Medal</u>	<u>Name</u>	<u>Time</u>
55-59	Gold	Bonnie Sotire	7:24.12
70-74	Gold	Jean Bongiorno	8:21.87

Men 5k Run

**Men**

<u>Age</u>	<u>Medal</u>	<u>Name</u>	<u>Time</u>
50-54	Gold	Bob Meighan	18:53.00
60-64	Gold	Lennard Wolfson	27:36.72
	Silver	John Lynch	27:49.13
	Bronze	Roger Arnold	29:24.13
65-69	Gold	Brian Cosacchi	26:35.54
	Silver	Lawrence Krone	26:53.82
	Bronze	Bill Escher	28:02.80
70-74	Gold	Bill Fitzgerald	26:43.64
	Silver	Ron Knight	43:29.71

Women 5K Run

**Women**

<u>Age</u>	<u>Medal</u>	<u>Name</u>	<u>Time</u>
55-59	Gold	Bonnie Sotire	23:53.83
60-64	Gold	Jean Bongiorno	25:08.36