

# Triathlon

	2008 Beaufort County Senior Games				
	400 YARD FREESTYLE SWIM	5K RUN	10 MILE CYCLE		
<b>Female</b>					
55-59				<b>Total</b>	<b>Medal</b>
Bonnie Sotire	05:41.9	23:53.8	29:25.2	58:20.9	Gold
<b>Male</b>					
60-64					
Roger Arnold	09:42.9	29:24.1	35:04.0	01:13.7	Gold
David Pfeifer	08:49.5	45:26.7	47:29.0	01:41.0	Silver
65-69					
Brian Cosacchi	08:10.7	26:35.5	29:26.2	01:03.7	Gold
Lawrence Krone	08:33.8	26:53.8	31:41.7	01:06.2	Silver
Bob Bredin	08:57.0	32:46.8	29:25.7	01:10.2	Bronze
70-74					
Ron Knight	08:54.1	43:29.7	36:43.0	01:28.2	Gold